

PreSurgical Screening Guide

Anesthesia Guidelines

Pre-Surgical Anesthesia Guidelines for Asymptomatic Patients

Females	Males
Less than 16 Years Old Pediatrics	
None, unless otherwise directed.	None, unless otherwise directed.
Less than 50 Years Old	
CBC (within 2 weeks of procedure date)	None, unless otherwise directed.
50-60 Years Old	
CBC (within 2 weeks of procedure date)	CBC (within 2 weeks of procedure date)
EKG (within 12 months of procedure date)	EKG (within 12 months of procedure date)
Greater than 60 Years Old	
CBC (within 2 weeks of procedure date)	CBC (within 2 weeks of procedure date)
BMP (within 2 weeks of procedure date)	BMP (within 2 weeks of procedure date)
EKG (within 12 months of procedure date)	EKG (within 12 months of procedure date)

Pre-Surgical Anesthesia Guidelines for Renal and Liver Patients

Females	Males
RENAL (any history of renal insufficiency)	LIVER (any history of liver dysfunction)
CBC (within 2 weeks of procedure)	CBC (within 2 weeks of procedure)
BMET (within 2 weeks of procedure)	CMET (within 2 weeks of procedure)
	PT/INR (within 2 weeks of procedure)

Pre-Surgical Anesthesia Guidelines for Chest X-Rays

Females	Males
Existing Cardiac/Pulmonary Diseases (CHF, COPD, Asthma)	Smoker/Smoking History
NO CXR unless positive signs or symptoms (i.e. cough, shortness of breath, low pulse ox and or positive signs on auscultation)	NO CXR unless positive signs or symptoms (i.e. cough, shortness of breath, low pulse ox and or positive signs on auscultation)

Age	Solid Foods*	Clear Liquids**
Less than 6-12 months	Nothing 8 hours prior to arrival	Nothing 2 hours prior to arrival
12-36 months	Nothing after Midnight (or at least 8 hours prior to arrival)	Nothing 3 hours prior to arrival
3-6 years	Nothing after Midnight (or at least 8 hours prior to arrival)	Nothing 3 hours prior to arrival
6 years or older	NPO. Nothing by mouth after midnight or at least 8 hours prior to arrival	
*- Milk is considered a solid food. Formula up to six hours prior to arrival. Breast milk up to four hours prior to arrival. **- Anything that you can see through such as apple juice, white grape juice, Jello (no red or grape), plain/clear Pedialyte.		

Physical Classification of the American Society of Anesthesiologists (ASA)

Classification Level	Description
ASA Class 1	No organic, physiologic, biochemical, or psychiatric disturbance.
ASA Class 2	Mild to moderate systemic disturbance that may or may not be related to the reason for surgery.
ASA Class 3	Severe systemic disturbance that may or may not be related to the reason for surgery.
ASA Class 4	Severe systemic disturbance that is life threatening with or without surgery. Examples: Congestive heart failure, persistent angina pectoris, advanced pulmonary, renal or hepatic dysfunction.
ASA Class 5	Moribund patient who has little chance of survival but is submitted to surgery as a last resort (resuscitative effort).
Emergency Operation (E)	Any patient in whom an emergency operation is required. Example: an otherwise healthy 30 year old woman who requires dilation and curettage for moderate but persistent hemorrhage (ASA Class 1E)
From information in American Society of Anesthesiologists	

Anesthesia Department Contact Numbers

Main phone number during normal business hours, Monday-Friday	402-763-3400
